



ANNOUNCEMENT

The
South African Figure Skating Association
invites you to the

THE AFRISKATE CUP

Cape Town, South Africa

18-22 APRIL 2004

An International and Inter-club Figure Skating Competition.

**Singles, Pairs and Ice Dancing
Senior, Junior, Novice and Youngsters**

INTRODUCTION

The **South African Figure Skating Association** has the pleasure to invite you to **The Afriskate Cup** international and inter-club competition. This competition is organised pursuant to the ideals of both the International Skating Union and the South African Figure Skating Association in furthering the development of figure skating at Senior, Junior and younger level. The competition consists of Singles, Pairs and Ice Dancing events only. This competition is only open to eligible competitors and officials as specified by ISU Rules 102 and 109. All ISU members are encouraged to submit entries.

ENTRIES

A: COMPETITORS

All entries for this competition must be submitted through the respective ISU member. Each ISU member may enter a maximum of two (2) competitors, pairs or couples in any category of an event.

The Organiser reserves the rights to enter additional skaters or limit entries in any category should circumstances so require.

All entries must be sent to the Organising Committee by means of either:

POST

THE SOUTH AFRICAN FIGURE SKATING ASSOCIATION
THE AFRISKATE CUP
P O BOX 701390
OVERPORT
4067
SOUTH AFRICA

OR

FAX

+27-31-312-4620

OR

E-MAIL

safsapen@iafrica.com

ENTRY FEES: US \$20 is payable for each competitor entered (except for the Senior and Junior events). All payments must be made out to "South African Figure Skating Association" and paid by means of telegraphic transfer to the following account:

South African Figure Skating Association
Bank: Standard Bank of South Africa
309 Durban Road
Bellville 7530
Account No: 071-933-158
Branch No: 05-04-10
SWIFT Code: SBZAJJ

B: JUDGES

Each ISU Member may only nominate one (1) Judge for every three entries and a further Judge if five (5) or more competitors are entered. If more than one (1) Judge is nominated, at least one (1) of the Judges must be qualified in two (2) disciplines (Figure and Ice Dancing). The Judge entered by the ISU Member should be on the ISU list of Referees and Judges. The same ISU Rules regarding judging and refereeing applies as in junior and senior International competitions.

All entries must reach the Organising Committee no later than the 08th of March 2004.

VENUE – GRAND WEST CASINO COMPLEX

The Afriskate Cup will take place in the Grand West Casino Complex. This complex consists of a casino, two hotels (City Lodge and Grand Hotels), numerous restaurants, an entertainment complex consisting of the Ice Station, which is the arena where both the competition and practice events will take place, a cinema complex and a food court specialising in take-away meals.

The Ice Station contains an indoor ice surface measuring 60 X 30 metres. It is both air-conditioned and heated.

ACCOMMODATION

A: COMPETITORS

All competitors will be accommodated at the City Lodge Hotel, which is a 3-minute walk from the ice arena. The Organising Committee can unfortunately not cover any accommodation or travel expenses for competitors, team leaders, coaches or chaperones.

B: JUDGES

All Judges will be accommodated at the Grand Hotel, which is also a 3-minute walk from the ice arena and adjacent to the City Lodge Hotel where the competitors will be accommodated. The Organising Committee will provide and cover expenses for rooms and meals of Judges commencing from dinner on Sunday, 18th April 2004 through to breakfast on Friday, 23rd April 2004.

TECHNICAL DATA

(I) SINGLE SKATING

1) Senior

Ladies and Men

Age Requirements: The competitor must have reached the age of 14 before the 1st of July preceding the competition (ISU Rule 108, paragraph 2b).

Short Program: The required elements to be skated are listed in the most recent ISU Special Regulations for Figure Skating, Rule 310, paragraphs 1 and 2. The program duration may not exceed 2 minutes and 40 seconds.

Free Skating The program must be skated in accordance with the most recent ISU Special Regulations for Figure Skating, Rule 320, paragraphs 1 and 2.
Duration: Men : 4½ minutes (± 10 seconds)
Ladies : 4 minutes (± 10 seconds)

Multiplying Factors: Short Program 0.5
Free Skating Program 1.0

2) Junior

Ladies and Men

Age Requirements:	The competitor must have reached the age of 13 but not the age of 19 before the 1 st of July preceding the competition (ISU Rule 108, paragraph 2c(i) & (ii)).	
Short Program:	The required elements to be skated are listed in the most recent ISU Special Regulations for Figure Skating, Rule 310, paragraphs 1 and 4, Group B for the 2003/2004 season. The program duration may not exceed 2 minutes and 40 seconds.	
Free Skating	The program must be skated in accordance with the most recent ISU Special Regulations for Figure Skating, Rule 320, paragraphs 1 and 2.	
Duration:	Men	: 4 minutes (± 10 seconds)
	Ladies	: 3½ minutes (± 10 seconds)
Multiplying Factors:	Short Program	0.5
	Free Skating Program	1.0

3) Novice

Age Requirements:	The competitor may not have reached the age of 17 before the 1 st of July preceding the competition.
-------------------	---

Ladies

Short Program:	Duration: The program may not exceed 2 minutes and 15 seconds.	
	The required elements to be skated are as follows:	
	a) Axel Paulsen	
	b) A double jump immediately preceded by connecting steps	
	c) One jump combination consisting of two double jumps (double jump performed in (b) may not be repeated in (c))	
	d) Layback or sideways leaning spin (minimum of 5 revolutions)	
	e) Spin combination with only one change of foot and one change of position (minimum of 5 revolutions on each foot)	
	f) One Spiral or Step Sequence: pattern optional (straight line, serpentine or circular; utilising the full ice surface)	
Free Skating Program:	Duration: The program may not exceed 3 minutes (± 10 seconds).	
	A well-balanced Free Skating Program must contain:	
	a) The number of different jumps is not restricted, but the program must contain at least one jump combination or jump sequence.	
	b) There must be at least three (3) spins of a different nature, one of which must be a spin combination and one a flying spin.	
	c) There must be at least one step or spiral sequence that fully utilises the ice surface.	
Multiplying Factors:	Short Program	0.5
	Free Skating Program	1.0

Men

Short Program:	Duration: The program may not exceed 2 minutes and 15 seconds.
	The required elements to be skated are as follows:

- a) Single or double Axel Paulsen
- b) A double jump immediately preceded by connecting steps
- c) One jump combination consisting of two double jumps (double jump performed in (a) or (b) may not be repeated in (c))
- d) Camel or Sit spin (minimum of 5 revolutions)
- e) Spin combination with only one change of foot and one change of position (minimum of 5 revolutions on each foot)
- f) One Step Sequence: pattern optional (straight line, serpentine or circular; utilising the full ice surface)

Free Skating Program: Duration: The program may not exceed 3 minutes (\pm 10 seconds).

A well-balanced Free Skating Program must contain:

- a) The number of different jumps is not restricted, but the program must contain at least one jump combination or jump sequence.
- b) There must be at least three (3) spins of a different nature, one of which must be a spin combination and one a flying spin.
- c) There must be at least one step or spiral sequence that fully utilises the ice surface.

Multiplying Factors:	Short Program	0.5
	Free Skating Program	1.0

4) Under 14

Age Requirements: The competitor may not have reached the age of 14 before the 1st of July preceding the competition.

Girls and Boys

Free Skating Program: Duration: The program may not exceed 3 minutes (\pm 10 seconds).

A well-balanced Free Skating Program must contain:

- a) The number of different jumps is not restricted, but the program must contain at least one jump combination or jump sequence.
- b) There must be at least three (3) spins of a different nature, one of which must be a spin combination and one a flying spin.
- c) There must be at least one step or spiral sequence that fully utilises the ice surface.

5) Under 12

Age Requirements: The competitor may not have reached the age of 12 before the 1st of July preceding the competition.

Girls and Boys

Free Skating Program: Duration: The program may not exceed 2 minutes 30 seconds (\pm 10 seconds)

A well-balanced Free Skating Program must contain:

- a) The number of different jumps is not restricted, but the program must contain at least one jump combination or jump sequence.
- b) There must be at least three (3) spins of a different nature, one of which must be a spin combination.

- c) There must be at least one step or spiral sequence that fully utilises the ice surface.

6) Under 10

Age Requirements: The competitor may not have reached the age of 10 before the 1st of July preceding the competition.

Girls and Boys

Free Skating Program: Duration: The program may not exceed 2 minutes 30 seconds (\pm 10 seconds)

A well-balanced Free Skating Program must contain:

- a) The number of different jumps is not restricted, but the program must contain at least one jump combination or jump sequence.
- b) There must be at least three (3) spins of a different nature, one of which must be a spin combination.
- c) There must be at least one step or spiral sequence that fully utilises the ice surface.

(II) PAIR SKATING

1) Senior

Age Requirements: Both members of the pair must have reached the age of 14 before the 1st of July preceding the competition (ISU Rule 108, paragraph 2b).

Short Program: The required elements to be skated are listed in the most recent ISU Special Regulations for Figure Skating, Rule 313, paragraphs 1, 2, 3 and 4, Group A for the 2003/2004 season. The program duration may not exceed 2 minutes and 40 seconds.

Free Skating
The program must be skated in accordance with the most recent ISU Special Regulations for Figure Skating, Rule 321, paragraphs 1 and 2.
Duration: The program may not exceed 4 minutes 30 seconds (\pm 10 seconds)

Multiplying Factors: Short Program 0.5
 Free Skating Program 1.0

2) Junior

Age Requirements: Both members of the pair must have reached the age of 13 but not the age of 19 for the lady and 21 for the man before the 1st of July preceding the competition (ISU Rule 108, paragraph 2c(i) & (iii)).

Short Program: The required elements to be skated are listed in the most recent ISU Special Regulations for Figure Skating, Rule 313, paragraphs 1, 2, 3 and 5, Group A for the 2003/2004 season. The program duration may not exceed 2 minutes and 40 seconds.

Free Skating The program must be skated in accordance with the most recent ISU Special Regulations for Figure Skating, Rule 321, paragraphs 1 and 2.
Duration: The program may not exceed 4 minutes (\pm 10 seconds)

Multiplying Factors: Short Program 0.5
Free Skating Program 1.0

3) Novice

Age Requirements: Both members of the pair must have reached the age of 10 but not the age of 15 for the lady and 17 for the man before the 1st of July preceding the competition.

Short Program: Duration: The program may not exceed 2 minutes and 15 seconds.

The required elements to be skated are as follows:

- a) One single or double lift in any hand hold.
- b) One single or double twist lift.
- c) One single or double solo jump.
- d) One solo spin with no change of foot. A change of position is optional (minimum of 4 revolutions).
- e) One pair spin with no change of foot. A change of position is optional (minimum of 4 revolutions).
- f) One pivot figure (pivot position by the man is required).
- g) One Spiral Sequence with a minimum of 2 spirals by each partner: pattern optional (serpentine or circular; utilising the full ice surface).
- h) One Step Sequence: pattern optional (straight line, serpentine or circular; utilising the full ice surface).

Free Skating Program: Duration: The program may not exceed 3 minutes and 30 seconds (\pm 10 seconds).

A well-balanced Free Skating Program must contain:

- a) Two different lifts, but not more than three (one may be a twist lift).
- b) One single or double throw jump but not more than two.
- c) Only one single or double solo jump.
- d) Only one jump sequence containing any number of single and/or double jumps.
- e) One pair spin combination.
- f) One solo spin.
- g) One pivot figure without restrictions.
- h) One spiral sequence.
- i) One step sequence.

Multiplying Factors: Short Program 0.5
Free Skating Program 1.0

(III) ICE DANCING

1) Senior

Age Requirements: Both members of the couple must have reached the age of 14 before the 1st of July preceding the competition (ISU Rule 108, paragraph 2b).

Compulsory dances: Only one compulsory dance shall be skated and selected prior to the first practice from the following compulsory dances for the 2003/2004 season: Austrian Waltz; Ravensburger Waltz; Yankee Polka, Midnight Blues (refer to ISU Communications No. 1209 and 1213). The number of sequences shall be according to the most recent ISU Special Regulations for Ice Dancing, Rule 540.

Original Dance: The rhythm selected shall be the "Swing Combo" (refer to ISU Communications No. 1209 and 1213). The Original Dance must be skated strictly in accordance with the most recent ISU Special Regulations for Ice Dancing, Rule 509 and ISU Communications No. 1209 and 1213. The duration of the program shall not exceed 2 minutes and 30 seconds (± 10 seconds).

Free Dance: The Free Dance must be skated in strict accordance to the most recent ISU Special Regulations for Ice Dancing, Rule 510 and ISU Communications No. 1209 and 1213. The duration of the program shall not exceed 4 minutes (± 10 seconds).

Multiplying Factors:	Compulsory Dance	0.4
	Original Dance	0.6
	Free Dance	1.0

2) Junior

Age Requirements: Both members of the couple must have reached the age of 13 but not the age of 19 for the lady and 21 for the man before the 1st of July preceding the competition (ISU Rule 108, paragraph 2c(i) & (iii)).

Compulsory Dances: Only one compulsory dance shall be skated and selected prior to the first practice from the following compulsory dances for the 2003/2004 season: Viennese Waltz; Quickstep; Paso Doble, Rhumba (refer to ISU Communications No. 1209 and 1213). The number of sequences shall be according to the most recent ISU Special Regulations for Ice Dancing, Rule 540.

Original Dance: The rhythm selected shall be the "Swing Combo" (refer to ISU Communications No. 1209 and 1213). The Original Dance must be skated strictly in accordance with the most recent ISU Special Regulations for Ice Dancing, Rule 509 and ISU Communications No. 1209 and 1213. The duration of the program shall not exceed 2 minutes and 30 seconds (± 10 seconds).

Free Dance: The Free Dance must be skated in strict accordance to the most recent ISU Special Regulations for Ice Dancing, Rule 510 and ISU Communications No. 1209 and 1213. The duration of the program shall not exceed 3 minutes (± 10 seconds).

Multiplying Factors:	Compulsory Dance	0.4
	Original Dance	0.6
	Free Dance	1.0

3) Novice

Age Requirements: Both members of the couple must have reached the age of 10 but not the age of 15 for the lady and 17 for the man before the 1st of July preceding the competition.

Compulsory Dances: Two compulsory dances shall be skated and selected prior to the first practice from the following compulsory dances for the 2003/2004 season: European Waltz, Rocker Foxtrot and Fourteenstep. The number of sequences shall be according to the most recent ISU Special Regulations for Ice Dancing, Rule 540.

Free Dance: The Free Dance must be skated in strict accordance to the most recent ISU Special Regulations for Ice Dancing, Rule 510 with the following modifications; (a) The duration of the program shall not exceed 2 minutes and 30 seconds (\pm 10 seconds), and (b) Vocal music is not permitted. The required elements shall be as follows:

- a) Lifts: At least one (1) but not more than three (3) in accordance with the most recent ISU Special Regulations Ice Dancing, Rule 504, paragraph 16 with a maximum duration of 5 seconds each.
- b) Dance Spin: Only one (1) dance spin in any dance hold and position and with a minimum of 3 revolutions for both partners in accordance with the most recent ISU Special Regulations Ice Dancing, Rule 504, paragraph 14(d).
- c) Step Sequence: One (1) diagonal OR one (1) circular pattern step sequence in any dance positions/holds except hand-in-hand position with fully extended arms.

Multiplying Factors:	Each Compulsory Dance	0.5 (25% each)
	Free Dance	1.0 (50%)

(IV) MARKING

1) Single Skating

The Senior, Junior and Novice Singles and Pairs Skating categories shall be marked according to the most recent ISU Special Regulations Figure Skating, Rules 316, 322, 352, 353, 354, 355, 356 and 357. For all other sections, the final placing in the free skating program shall determine the final result.

2) Ice Dancing

The Senior and Junior Ice Dancing section shall be marked according to the most recent ISU Special Regulations Ice Dancing, Rules 508, 509, 510, 538, 542, 543, 544, 545, 546 and 547. The Novice Ice Dancing section shall be marked according to the most recent ISU Special Regulations Ice Dancing, Rules 508, 510, 543, 544, 545 and 547 and the determination of the final result shall be according to ISU Communication 1190.

(V) MUSIC

All Competitors shall furnish competition music of excellent quality on either cassette or CD format. A list of titles, composers and orchestras of the music to be used for the Short Program and Free Program for Singles, for the Original and Free Dance Program for Ice Dancing must be listed for each Competitor and attached to the official Entry Form for Competitors. All cassettes and discs must show the Competition event, Competitor's name, the Nation and the exact running time of the music (not skating time) including any starting signal and must be submitted at the time of registration. Each program (short program, free skating, original dance, free dance) must be recorded on one track and on a separate disc or cassette. In addition competitors/couples must provide a back-up drive or cassette for each program. If music information is not complete and cassettes or discs not provided, accreditation will not be given.

LIABILITY

According to ISU Regulations, Rule 119, the organiser accepts no liability for bodily or personal injury, or for property loss or damage incurred by Competitors and Officials. Each ISU Member is expected to provide its own insurance protection.

INFORMATION

For further information please contact the Organising Committee by:

POST
THE SOUTH AFRICAN FIGURE SKATING ASSOCIATION
THE AFRISKATE CUP
P O BOX 701390
OVERPORT
4067
SOUTH AFRICA

FAX
+27-31-312-4620

E-MAIL
safsapen@iafrica.com

REGISTRATION

Registration and accreditation shall take place at the Grand West Casino Complex. The specific venue within the complex will be forwarded to all participating ISU members.

SCHEDULE OF EVENTS

The schedule of events will be published after the registration of all entries and forwarded to all participating ISU members.

ENTRY FORM – THE AFRISKATE CUP**SINGLE SKATING – COMPETITORS**

ISU MEMBER: _____

	Surname	First Name	Date of Birth
Senior Ladies			
1			
2			
Senior Men			
1			
2			
Junior Ladies			
1			
2			
Junior Men			
1			
2			
Novice Ladies			
1			
2			
Novice Men			
1			
2			
Under 14 Girls			
1			
2			
Under 14 Boys			
1			
2			
Under 12 Girls			
1			
2			
Under 12 Boys			
1			
2			
Under 10 Girls			
1			
2			
Under 10 Boys			
1			
2			

ENTRY FORM – THE AFRISKATE CUP**PAIR SKATING – COMPETITORS**

ISU MEMBER: _____

Surname		First Name	Date of Birth
Senior Pairs			
1	L		
1	M		
2	L		
2	M		
Junior Pairs			
1	L		
1	M		
2	L		
2	M		
Novice Pairs			
1	L		
1	M		
2	L		
2	M		

ENTRY FORM – THE AFRISKATE CUP**ICE DANCING – COMPETITORS**

ISU MEMBER: _____

Surname		First Name	Date of Birth
Senior Dance			
1	L		
1	M		
2	L		
2	M		
Junior Dance			
1	L		
1	M		
2	L		
2	M		
Novice Dance			
1	L		
1	M		
2	L		
2	M		

ENTRY FORM – THE AFRISKATE CUP**JUDGES**

ISU MEMBER: _____

	Surname	First Name	*Single Skating	*Ice Dance
1				
2				

* Please indicate the discipline(s) the Judge wishes to judge.

ENTRY FORM – THE AFRISKATE CUP**COACHES**

ISU MEMBER: _____

	Surname	First Name
1		
2		
3		
4		
5		

ENTRY FORM – THE AFRISKATE CUP**CHAPERONES**

ISU MEMBER: _____

	Surname	First Name
1		
2		
3		
4		
5		

TEAM LEADER: (Surname) _____ (Name) _____

DATE: _____ SIGNATURE: _____