



# **ANNOUNCEMENT**

Version 2

(updated to include changes announced in ISU Communication 1288)  
(25 October 2004)

**The**

**South African Figure Skating Association**

**invites you to the**

## **THE 2005 AFRISKATE CUP**

**Cape Town, South Africa**

**18-21 APRIL 2005**

**An International Figure Skating Competition**

**Singles, Pairs and Ice Dancing  
Senior, Junior, Novice and Youngsters**

## INTRODUCTION

The **South African Figure Skating Association** has the pleasure to invite you to **The 2005 Afriskate Cup**. This international competition is organised pursuant to the ideals of both the International Skating Union and the South African Figure Skating Association in furthering figure skating at Senior, Junior, Novice and younger level. The competition consists of Singles, Pairs and Ice Dancing events only. This competition is only open to eligible competitors and officials as specified by ISU Rules 102 and 109. All ISU members are encouraged to submit entries.

## ENTRIES

### A: COMPETITORS

All entries for this competition must be submitted through the respective ISU member. Each ISU member may enter a maximum of two (2) competitors, pairs or couples in any category of an event.

The Organiser reserves the rights to enter additional skaters or limit entries in any category should circumstances so require.

All entries must be sent to the Organising Committee by means of either:

#### POST

THE SOUTH AFRICAN FIGURE SKATING ASSOCIATION  
THE 2005 AFRISKATE CUP  
P O BOX 701390  
OVERPORT  
4067  
SOUTH AFRICA

#### OR

#### FAX

+27-31-312-4620

#### OR

#### E-MAIL

safsapen@iafrica.com

**ALL ENTRIES MUST REACH THE ORGANISING COMMITTEE NO LATER THAN THE 08<sup>TH</sup> OF MARCH 2005**

**ENTRY FEES:** US \$20 is payable for each competitor entered. All payments must be made out to "South African Figure Skating Association" and paid by means of telegraphic transfer to the following account:

**South African Figure Skating Association**  
**Bank: Standard Bank of South Africa**  
**309 Durban Road**  
**Bellville 7530**  
**Account No: 071-933-158**  
**Branch No: 05-04-10**  
**SWIFT Code: SBZAJJ**

### B: JUDGES

Each ISU Member may only nominate one (1) Judge for every three entries and a further Judge if five (5) or more competitors are entered. If more than one (1) Judge is nominated, at least one (1) of the Judges must be qualified in two (2) disciplines (Figure and Ice Dancing). The Judge entered by the ISU Member must be on the latest ISU list of Referees and Judges. The same

ISU Rules regarding judging and refereeing applies as in junior and senior International competitions. The 6.0-based judging system will be used to judge the competition.

## **VENUE – GRAND WEST CASINO COMPLEX**

The Afriskate Cup will take place in the Grand West Casino Complex. This complex consists of a casino, two hotels (City Lodge and Grand Hotels), numerous restaurants, an entertainment complex consisting of the Ice Station, which is the arena where both the competition and practice events will take place, a cinema complex and a food court specialising in take-away meals.

The Ice Station contains an indoor ice surface measuring 60 X 30 metres. It is both air-conditioned and heated. Refer to [www.icerink.co.za](http://www.icerink.co.za) for further details.

## **ACCOMMODATION**

### **A: COMPETITORS**

All competitors will be accommodated at the City Lodge Hotel, which is a 3-minute walk from the ice arena. The Organising Committee can unfortunately not cover any accommodation or travel expenses for competitors, team leaders, coaches or chaperones.

### **B: JUDGES**

All Judges will be accommodated at the Grand Hotel, which is also a 3-minute walk from the ice arena and adjacent to the City Lodge Hotel where the competitors will be accommodated. The Organising Committee will provide and cover expenses for rooms and meals of Judges commencing from dinner on Sunday, 17<sup>th</sup> April 2005 through to breakfast on Friday, 22<sup>nd</sup> April 2005.

## **TECHNICAL DATA**

### **(I) SINGLE SKATING**

#### **1) Senior**

##### ***Ladies and Men***

Age Requirements: The competitor must have reached the age of 14 before the 1<sup>st</sup> of July preceding the competition (ISU Rule 108, paragraph 2b).

Short Program: The required elements to be skated are listed in the most recent ISU Special Regulations for Figure Skating, Rule 310, paragraphs 1 and 2. The program duration may not exceed 2 minutes and 50 seconds.

Free Skating The program must be skated in accordance with the most recent ISU Special Regulations for Figure Skating, Rule 320, paragraphs 1 and 2.  
Duration: Men : 4½ minutes (± 10 seconds)  
Ladies : 4 minutes (± 10 seconds)

Multiplying Factors: Short Program 0.5  
Free Skating Program 1.0

## **2) Junior**

### ***Ladies and Men***

Age Requirements: The competitor must have reached the age of 13 but not the age of 19 before the 1<sup>st</sup> of July preceding the competition (ISU Rule 108, paragraph 2c(i) & (ii)).

Short Program: The required elements to be skated are listed in the most recent ISU Special Regulations for Figure Skating, Rule 310, paragraphs 1 and 4, Group C for the 2004/2005 season. The program duration may not exceed 2 minutes and 50 seconds.

Free Skating  
Duration: Men : 4 minutes ( $\pm$  10 seconds)  
Ladies : 3½ minutes ( $\pm$  10 seconds)

Multiplying Factors: Short Program 0.5  
Free Skating Program 1.0

## **3) Novice**

Age Requirements: The competitor must have reached the age of 10 but not the age of 15 before the 1<sup>st</sup> of July preceding the competition.

### ***Ladies***

Short Program: Duration: The program may not exceed 2 minutes and 30 seconds.

The required elements to be skated are as follows:

- a) Axel Paulsen or Double Axel Paulsen
- b) A double or triple jump immediately preceded by connecting steps
- c) One jump combination consisting of two double jumps (double jump performed in (b) may not be repeated in (c))
- d) Layback or sideways leaning spin (minimum of six (6) revolutions)
- e) Spin combination with only one change of foot and at least one change of position (minimum of five (5) revolutions on each foot)
- f) One Spiral or Step Sequence: pattern optional (straight line, serpentine or circular, utilising the full ice surface)

Free Skating Program: Duration: The program may not exceed 3 minutes ( $\pm$  10 seconds).

A well-balanced Free Skating Program must contain:

- a) A maximum of 6 jump elements, one of which must be an Axel jump and at least one jump combination or sequence of jumps must be included.
- b) There must be at least three (3) spins of a different nature, one of which must be a spin combination (total of ten (10) revolutions) and one a flying spin with a minimum of five (5) revolutions.
- c) There must be at least one step or spiral sequence that fully utilises the ice surface.

Multiplying Factors: Short Program 0.5  
Free Skating Program 1.0

## **Men**

Short Program: Duration: The program may not exceed 2 minutes and 30 seconds.

The required elements to be skated are as follows:

- a) Single or Double Axel Paulsen
- b) A double or triple jump immediately preceded by connecting steps
- c) One jump combination consisting of two double jumps (double jump performed in (a) or (b) may not be repeated in (c))
- d) Camel or Sit spin (minimum of six (6) revolutions)
- e) Spin combination with only one change of foot and at least one change of position (minimum of five (5) revolutions on each foot)
- f) One Step Sequence: pattern optional (straight line, serpentine or circular; utilising the full ice surface)

Free Skating Program: Duration: The program may not exceed 3 minutes and 30 seconds ( $\pm$  10 seconds).

A well-balanced Free Skating Program must contain:

- a) A maximum of 7 jump elements, one of which must be an Axel jump and at least one jump combination or sequence of jumps must be included.
- b) There must be at least three (3) spins of a different nature, one of which must be a spin combination (total of ten (10) revolutions) and one a flying spin with a minimum of five (5) revolutions.
- c) There must be at least one step or spiral sequence that fully utilises the ice surface.

Multiplying Factors: Short Program 0.5  
Free Skating Program 1.0

## **4) Under 12**

Age Requirements: The competitor may not have reached the age of 12 before the 1<sup>st</sup> of July preceding the competition.

### ***Girls and Boys***

Free Skating Program: Duration: The program may not exceed 2 minutes 30 seconds ( $\pm$  10 seconds)

A well-balanced Free Skating Program must contain:

- a) The number of different jumps is not restricted, but the program must contain at least one jump combination or jump sequence.
- b) There must be at least three (3) spins of a different nature, one of which must be a spin combination.
- c) There must be at least one step or spiral sequence that fully utilises the ice surface.

## **5) Under 10**

Age Requirements: The competitor may not have reached the age of 10 before the 1<sup>st</sup> of July preceding the competition.

### ***Girls and Boys***

Free Skating Program: Duration: The program may not exceed 2 minutes 30 seconds ( $\pm$  10 seconds)

A well-balanced Free Skating Program must contain:

- a) The number of different jumps is not restricted, but the program must contain at least one jump combination or jump sequence.
- b) There must be at least three (3) spins of a different nature, one of which must be a spin combination.
- c) There must be at least one step or spiral sequence that fully utilises the ice surface.

## **(II) PAIR SKATING**

### **1) Senior**

Age Requirements: Both members of the pair must have reached the age of 14 before the 1<sup>st</sup> of July preceding the competition (ISU Rule 108, paragraph 2b).

Short Program: The required elements to be skated are listed in the most recent ISU Special Regulations for Figure Skating, Rule 313, paragraphs 2, 3 and 4, Group B for the 2004/2005 season. The program duration may not exceed 2 minutes and 50 seconds.

Free Skating The program must be skated in accordance with the most recent ISU Special Regulations for Figure Skating, Rule 321.

Duration: The program may not exceed 4 minutes 30 seconds ( $\pm$  10 seconds).

Multiplying Factors:      Short Program            0.5  
   Free Skating Program    1.0

### **2) Junior**

Age Requirements: Both members of the pair must have reached the age of 13 but not the age of 19 for the lady and 21 for the man before the 1<sup>st</sup> of July preceding the competition (ISU Rule 108, paragraph 2c(i) & (iii)).

Short Program: The required elements to be skated are listed in the most recent ISU Special Regulations for Figure Skating, Rule 313, paragraphs 2, 3 and 5, Group B for the 2004/2005 season. The program duration may not exceed 2 minutes and 50 seconds.

Free Skating The program must be skated in accordance with the most recent ISU Special Regulations for Figure Skating, Rule 321.

Duration: The program may not exceed 4 minutes ( $\pm$  10 seconds).

Multiplying Factors:      Short Program            0.5  
   Free Skating Program    1.0

### **3) Novice**

Age Requirements: Both members of the pair must have reached the age of 10 but not the age of 15 for the lady and 17 for the man before the 1<sup>st</sup> of July preceding the competition.

Short Program:            Duration: The program may not exceed 2 minutes and 30 seconds.

The required elements to be skated are as follows:

- a) One single or double lift in any hand hold.
- b) One single or double twist lift.
- c) One single or double solo jump.

- d) One solo spin with no change of foot. A change of position is optional (minimum of **five (5)** revolutions).
- e) One pair spin with no change of foot. A change of position is optional (minimum of **five (5)** revolutions).
- f) One pivot figure (pivot position by the man is required).
- g) One Spiral or Step Sequence: **serpentine, circular or straight line for step sequence with full utilization of the ice surface.**

Free Skating Program: Duration: The program may not exceed 3 minutes and 30 seconds ( $\pm$  10 seconds).

A well-balanced Free Skating Program must contain:

- a) Two different lifts.
- b) **One Twist lift.**
- c) One **to two** single or double throw jumps.
- d) One single or double solo jump.
- e) One jump **combination or** sequence.
- f) One pair spin **or pair spin combination with a minimum of five (5) revolutions.**
- g) One solo spin **or solo spin combination with a minimum of five (5) revolutions.**
- h) One pivot figure without restrictions.
- i) One spiral sequence.
- j) One step sequence.

Multiplying Factors:	Short Program	0.5
	Free Skating Program	1.0

### (III) ICE DANCING

#### Novice

Age Requirements: Both members of the couple must have reached the age of 10 but not the age of 15 for the lady and 17 for the man before the 1<sup>st</sup> of July preceding the competition.

Compulsory Dances: Two compulsory dances shall be skated and selected prior to the first practice from the following compulsory dances for the 2004/2005 season: American Waltz, **Kilian** and Tango. The number of sequences shall be according to the most recent ISU Special Regulations for Ice Dancing, Rule 540.

Free Dance: The Free Dance must be skated in strict accordance to the most recent ISU Special Regulations for Ice Dancing, Rule 510 with the following modifications; (a) The duration of the program shall not exceed **three (3)** minutes ( $\pm$  10 seconds), and (b) Vocal music is not permitted. The required elements shall be as follows:

- a) **Dance Lifts:** **Two (2) different types** but not more **chosen from the list of types of lifts** with a maximum duration of 5 seconds (**and be** in accordance with the most recent ISU Special Regulations Ice Dancing, Rule 504, paragraph 16). **Lifts not to exceed five (5) seconds: (a) Stationary lift, (b) Straight Line lift, (c) Curve lift and (d) Rotational lift.**
- b) **Dance Spin:** Only one (1) dance spin with a minimum of 3 revolutions **on one foot** for both partners in accordance with the most recent ISU Special

Regulations Ice Dancing, Rule 504, paragraph 14(d). Please note that a combination spin is not permitted.

- c) Step Sequence: One (1) circular pattern step sequence in anti-clockwise direction in Waltz, Tango and/or Foxtrot hold utilizing the full width of the ice surface on the short axis of the ice rink.
- d) Synchronised Twizzles: One (1) set comprising of two (2) twizzles on one foot for both partners with up to three (3) steps between. Each twizzle shall be at least one (1) rotation on one (1) foot performed simultaneously.

Multiplying Factors:	Each Compulsory Dance	0.5 (25% each)
	Free Dance	1.0 (50%)

#### **(IV) MARKING**

##### **1) Singles and Pairs Skating**

The Senior, Junior and Novice Singles and Pairs Skating categories shall be marked according to the most recent ISU Special Regulations Figure Skating using the 6.0-based judging system. For all other sections the 6.0-based judging system shall also be used and the final placing in the free skating program shall determine the final result.

##### **2) Ice Dancing**

The Novice Ice Dancing section shall be marked according to the most recent ISU Special Regulations Ice Dancing using the 6.0-based judging system.

#### **(V) MUSIC**

All Competitors shall furnish competition music of excellent quality on either cassette or CD format. A list of titles, composers and orchestras of the music to be used for the Short Program and Free Program for Singles and Pairs and the Free Dance Program for Ice Dancing must be listed for each Competitor and attached to the official Entry Form for Competitors. All cassettes and discs must show the Competition event, Competitor's name, the Nation and the exact running time of the music (not skating time) including any starting signal and must be submitted at the time of registration. Each program (short program, free skating, free dance) must be recorded on one track and on a separate disc or cassette. In addition competitors/couples must provide a back-up drive or cassette for each program. If music information is not complete and cassettes or discs not provided, accreditation will not be given.

#### **LIABILITY**

According to ISU Regulations, Rule 119, the organiser accepts no liability for bodily or personal injury, or for property loss or damage incurred by Competitors and Officials. Each ISU Member is expected to provide its own insurance protection.

## **INFORMATION**

For further information please contact the Organising Committee by:

**POST**  
THE SOUTH AFRICAN FIGURE SKATING ASSOCIATION  
THE AFRISKATE CUP  
P O BOX 701390  
OVERPORT  
4067  
SOUTH AFRICA

**FAX**  
+27-31-312-4620

**E-MAIL**  
[safsapen@iafrica.com](mailto:safsapen@iafrica.com)

## **REGISTRATION**

Registration and accreditation shall take place at the Grand West Casino Complex. The specific venue within the complex will be forwarded to all participating ISU members.

## **SCHEDULE OF EVENTS**

The schedule of events will be published after the registration of all entries and forwarded to all participating ISU members.

**ENTRY FORM – THE 2005 AFRISKATE CUP****SINGLE SKATING – COMPETITORS**

ISU MEMBER: \_\_\_\_\_

	<b>Surname</b>	<b>First Name</b>	<b>Date of Birth</b>
<b>Senior Ladies</b>			
<b>1</b>			
<b>2</b>			
<b>Senior Men</b>			
<b>1</b>			
<b>2</b>			
<b>Junior Ladies</b>			
<b>1</b>			
<b>2</b>			
<b>Junior Men</b>			
<b>1</b>			
<b>2</b>			
<b>Novice Ladies</b>			
<b>1</b>			
<b>2</b>			
<b>Novice Men</b>			
<b>1</b>			
<b>2</b>			
<b>Under 12 Girls</b>			
<b>1</b>			
<b>2</b>			
<b>Under 12 Boys</b>			
<b>1</b>			
<b>2</b>			
<b>Under 10 Girls</b>			
<b>1</b>			
<b>2</b>			
<b>Under 10 Boys</b>			
<b>1</b>			
<b>2</b>			

**ENTRY FORM – THE 2005 AFRISKATE CUP****PAIR SKATING – COMPETITORS**

ISU MEMBER: \_\_\_\_\_

Surname		First Name	Date of Birth
<b>Senior Pairs</b>			
1	L		
1	M		
2	L		
2	M		
<b>Junior Pairs</b>			
1	L		
1	M		
2	L		
2	M		
<b>Novice Pairs</b>			
1	L		
1	M		
2	L		
2	M		

**ENTRY FORM – THE 2005 AFRISKATE CUP****ICE DANCING – COMPETITORS**

ISU MEMBER: \_\_\_\_\_

Surname		First Name	Date of Birth
<b>Novice Dance</b>			
1	L		
1	M		
2	L		
2	M		

**ENTRY FORM – THE 2005 AFRISKATE CUP****JUDGES**

ISU MEMBER: \_\_\_\_\_

Surname		First Name	*Single Skating	*Ice Dance
1				
2				

\* Please indicate the discipline(s) the Judge wishes to judge.

**ENTRY FORM – THE 2005 AFRISKATE CUP**

**COACHES**

ISU MEMBER: \_\_\_\_\_

	<b>Surname</b>	<b>First Name</b>
<b>1</b>		
<b>2</b>		
<b>3</b>		
<b>4</b>		
<b>5</b>		

**ENTRY FORM – THE 2005 AFRISKATE CUP**

**CHAPERONES**

ISU MEMBER: \_\_\_\_\_

	<b>Surname</b>	<b>First Name</b>
<b>1</b>		
<b>2</b>		
<b>3</b>		
<b>4</b>		
<b>5</b>		

TEAM LEADER: (Surname) \_\_\_\_\_ (Name) \_\_\_\_\_

DATE: \_\_\_\_\_ SIGNATURE: \_\_\_\_\_